



A new generation of the iconic saddle chair

Movement and change—they're the only constants in today's fast-paced work world, and we think they're well-worth embracing. That's why HÅG created Capisco Puls—a new generation of the original saddle chair introduced 25 years ago.

Capisco Puls is Capisco's little brother—a fresh alternative with all the comfort and functionality that made the classic version a hit. Streamlined, light, colorful, easier to clean, and at a lower price point, Capisco Puls responds to a new generation's search for comfort, movement, and self-expression.

Inspired by an age-old way of sitting that frees you up to MOVE

The original Capisco changed how we think about sitting at work. Designer Peter Opsvik drew inspiration for his "saddle chair" from horseback riders—the first long-term sitters. Mirroring the rider's position, the HÅG Capisco was conceived to allow people to maintain the same great posture and balanced upper body.

Capisco Puls was designed by Opsvik with the same principles, resulting in a chair that liberates its users rather than confines them. Optimal support, freedom, and multiple sitting heights and postures revive weary bodies and energize creative minds. (It's perfect for height-adjustable worksurfaces like Rylee tables.)

A forward-thinking chair with deep roots

For over 70 years, HÅG has been developing and producing innovative seating that promotes wellness, inspiration, and comfort. As an ergonomic leader, all HÅG seating products are designed to enable users to sit in perfect balance, the best starting point for movement and variation.

As an environmental pioneer, HÅG has ensured that HÅG Capisco Puls epitomizes green design. Materials have been kept to a minimum, and recycled materials have been used wherever possible to minimize the chair's carbon footprint, positioning HÅG Capisco Puls as an example of best-in-class environmental design.



Environmental responsibility at HÅG is not just a short-term fad, but an enduring point of commitment that has defined the brand for many years. HÅG began to use recycled plastic from such sources as bottle tops in its chair production almost 20 years ago.

Today, HÅG's materials include everything from plastic bags to shampoo bottles and recycled aluminium, and over 95% of a HÅG chair can be recycled.

Peter Opsvik: A design legend

Norwegian industrial designer Peter Opsvik, born in 1939, has transformed the concept of sitting over the course of his career. With his unconventional seating solutions, Opsvik has helped overcome our culture's stereotypical sitting habits, showing how the "rules" about sitting nicely and sitting still can be broken. Opsvik is one of the world's leading designers of work chairs and is the author of the book *Rethinking Sitting*.